Elecsys LH

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REF		Σ	SYSTEM
07027575190* 07027575214*	07027575500	300	**cobas e** 402 **cobas e** 801

* Some kits shown may not be available in all countries.

English

System information

Short name	ACN (application code number)
LH	10113

Intended use

Immunoassay for the in vitro quantitative determination of luteinizing hormone in human serum and plasma.

The **e**lectro**c**hemi**l**uminescence **i**mmuno**a**ssay "ECLIA" is intended for use on **cobas e** immunoassay analyzers.

Summary

Luteinizing hormone (LH) measurements, performed with this assay, in human serum and plasma are used as an aid in diagnosis of the hypothalamic-pituitary-gonadal system, assessment of the primary cause of female and male infertility.

LH is a glycoprotein hormone with a heterodimeric structure, consisting of an α- and a β-subunit, where the α subunit is commonly shared with other hormones in the glycoprotein family. Hypothalamic gonadotropin-releasing hormone (GnRH) directs the pituitary to synthesize and secrete LH in a pulsatile pattern. LH together with follicle-stimulating hormone (FSH) control the functional activity of the gonads and synthesis of sex steroids.[1,2,3] Pituitary gonadotropin secretion is controlled by feedback from the gonadotropic hormones. In women, estrogen regulates LH secretion, and in men, testosterone regulates LH release.[1]

In women, LH acts together with FSH to regulate the menstrual cycle. The highest LH-concentrations occur during the mid-cycle peak to induce ovulation and to assist in the formation of corpus luteum promoting progesterone secretion.[1] In men, LH stimulates the development and functional activity of Leydig cells that produce testosterone.[1,4]

Determination of LH concentration is used in the elucidation of dysfunctions within the hypothalamus-pituitary-gonadal system. In women the determination of LH in conjunction with FSH is utilized for the indications such as congenital diseases with chromosome aberrations (e.g. Turner's syndrome) and infertility related conditions such as clarifying causes of amenorrhea, menopausal syndrome, polycystic ovary syndrome (PCOS). In men, measurement of LH is used for the assessment of male reproductive abnormalities leading to lowered levels of circulating testosterone (primary or secondary hypogonadism).[1,2,3,4]

The Elecsys LH assay employs two monoclonal antibodies specifically directed against human LH. The two specific antibodies used recognize particular conformations, with the biotinylated antibodies detecting an epitope constructed from both subunits whereas the antibody with the ruthenium complex[a)] label detects an epitope from the β-subunit. As a result, the Elecsys LH assay shows negligible cross-reactivity with FSH, TSH, hCG, hGH, and hPL.

a) Tris(2,2'-bipyridyl)ruthenium(II)-complex ($Ru(bpy)_3^{2+}$)

Test principle

Sandwich principle. Total duration of assay: 18 minutes.

- 1st incubation: 12 µL of sample, a biotinylated monoclonal LH-specific antibody, and a monoclonal LH-specific antibody labeled with a ruthenium complex form a sandwich complex.
- 2nd incubation: After addition of streptavidin-coated microparticles, the complex becomes bound to the solid phase via interaction of biotin and streptavidin.
- The reaction mixture is aspirated into the measuring cell where the microparticles are magnetically captured onto the surface of the electrode. Unbound substances are then removed with ProCell II M. Application of a voltage to the electrode then induces chemiluminescent emission which is measured by a photomultiplier.
- Results are determined via a calibration curve which is instrument-specifically generated by 2-point calibration and a master curve provided via the **cobas** link.

Reagents - working solutions

The **cobas e** pack is labeled as LH.

M Streptavidin-coated microparticles, 1 bottle, 12.4 mL:
Streptavidin-coated microparticles 0.72 mg/mL; preservative.

R1 Anti-LH-Ab~biotin, 1 bottle, 19.7 mL:
Biotinylated monoclonal anti-LH antibody (mouse) 2.0 mg/L; TRIS buffer 50 mmol/L, pH 8.0; preservative.

R2 Anti-LH-Ab~$Ru(bpy)_3^{2+}$, 1 bottle, 19.7 mL:
Monoclonal anti-LH antibody (mouse) labeled with ruthenium complex 0.3 mg/L; TRIS buffer 50 mmol/L, pH 8.0; preservative.

Precautions and warnings

For in vitro diagnostic use for health care professionals. Exercise the normal precautions required for handling all laboratory reagents.

Infectious or microbial waste:
Warning: handle waste as potentially biohazardous material. Dispose of waste according to accepted laboratory instructions and procedures.

Environmental hazards:
Apply all relevant local disposal regulations to determine the safe disposal.

Safety data sheet available for professional user on request.

This kit contains components classified as follows in accordance with the Regulation (EC) No. 1272/2008:

Warning

H317	May cause an allergic skin reaction.

Prevention:

P261	Avoid breathing mist or vapours.
P272	Contaminated work clothing should not be allowed out of the workplace.
P280	Wear protective gloves.

Response:

P333 + P313	If skin irritation or rash occurs: Get medical advice/attention.
P362 + P364	Take off contaminated clothing and wash it before reuse.

Disposal:

P501	Dispose of contents/container to an approved waste disposal plant.

Product safety labeling follows EU GHS guidance.

Contact phone: all countries: +49-621-7590

Avoid foam formation in all reagents and sample types (specimens, calibrators and controls).

Reagent handling

The reagents in the kit have been assembled into a ready-for-use unit that cannot be separated.

All information required for correct operation is available via the **cobas** link.

Storage and stability

Store at 2-8 °C.

Do not freeze.

Store the **cobas e** pack **upright** in order to ensure complete availability of the microparticles during automatic mixing prior to use.

Stability:	
unopened at 2-8 °C	up to the stated expiration date
on the analyzers	16 weeks

Specimen collection and preparation

Only the specimens listed below were tested and found acceptable.

Serum collected using standard sampling tubes or tubes containing separating gel.

Li-heparin, K_2-EDTA and K_3-EDTA plasma.

Criterion: Slope 0.9-1.1 + intercept within ≤ ± 0.3 mIU/mL+ coefficient of correlation ≥ 0.95.

Stable for 5 days at 20-25 °C, 14 days at 2-8 °C, 6 months at -20 °C (± 5 °C). Freeze only once.

The sample types listed were tested with a selection of sample collection tubes that were commercially available at the time of testing, i.e. not all available tubes of all manufacturers were tested. Sample collection systems from various manufacturers may contain differing materials which could affect the test results in some cases. When processing samples in primary tubes (sample collection systems), follow the instructions of the tube manufacturer.

Centrifuge samples containing precipitates before performing the assay.

Do not use heat-inactivated samples.

Do not use samples and controls stabilized with azide.

Ensure the samples and calibrators are at 20-25 °C prior to measurement.

Due to possible evaporation effects, samples and calibrators on the analyzers should be analyzed/measured within 2 hours.

Materials provided

See "Reagents – working solutions" section for reagents.

Materials required (but not provided)

- REF 03561097190, LH CalSet II, for 4 x 1.0 mL
- REF 09557423190, LH CalSet II, for 4 x 1.0 mL
- REF 11731416190, PreciControl Universal, for 4 x 3.0 mL
- General laboratory equipment
- **cobas e** analyzer

Additional materials for **cobas e** 402 and **cobas e** 801 analyzers:

- REF 06908799190, ProCell II M, 2 x 2 L system solution
- REF 04880293190, CleanCell M, 2 x 2 L measuring cell cleaning solution
- REF 07485409001, Reservoir Cup, 8 cups to supply ProCell II M and CleanCell M
- REF 06908853190, PreClean II M, 2 x 2 L wash solution
- REF 05694302001, Assay Tip/Assay Cup tray, 6 magazines x 6 magazine stacks x 105 assay tips and 105 assay cups, 3 wasteliners
- REF 07485425001, Liquid Flow Cleaning Cup, 2 adaptor cups to supply ISE Cleaning Solution/Elecsys SysClean for Liquid Flow Cleaning Detection Unit
- REF 07485433001, PreWash Liquid Flow Cleaning Cup, 1 adaptor cup to supply ISE Cleaning Solution/Elecsys SysClean for Liquid Flow Cleaning PreWash Unit
- REF 11298500316, ISE Cleaning Solution/Elecsys SysClean, 5 x 100 mL system cleaning solution

Assay

For optimum performance of the assay follow the directions given in this document for the analyzer concerned. Refer to the appropriate operator's manual for analyzer-specific assay instructions.

Resuspension of the microparticles takes place automatically prior to use.

Place the cooled (stored at 2-8 °C) **cobas e** pack on the reagent manager. Avoid foam formation. The system automatically regulates the temperature of the reagents and the opening/closing of the **cobas e** pack.

Calibration

Traceability: This method has been standardized against the 2nd International Standard (NIBSC) 80/552.

The predefined master curve is adapted to the analyzer using the relevant CalSet.

Calibration frequency: Calibration must be performed once per reagent lot using fresh reagent (i.e. not more than 24 hours since the **cobas e** pack was registered on the analyzer).

Calibration interval may be extended based on acceptable verification of calibration by the laboratory.

Renewed calibration is recommended as follows:

- after 12 weeks when using the same reagent lot
- after 4 weeks when using the same **cobas e** pack on the analyzer
- as required: e.g. quality control findings outside the defined limits

Quality control

Use PreciControl Universal or other suitable controls for routine quality control procedures.

Controls for the various concentration ranges should be run individually at least once every 24 hours when the test is in use, once per **cobas e** pack, and following each calibration.

The control intervals and limits should be adapted to each laboratory's individual requirements. Values obtained should fall within the defined limits. Each laboratory should establish corrective measures to be taken if values fall outside the defined limits.

If necessary, repeat the measurement of the samples concerned.

Follow the applicable government regulations and local guidelines for quality control.

Calculation

The analyzer automatically calculates the analyte concentration of each sample either in mIU/mL or IU/L.

Limitations - interference

The effect of the following endogenous substances and pharmaceutical compounds on assay performance was tested. Interferences were tested up to the listed concentrations and no impact on results was observed.

Endogenous substances

Compound	Concentration tested
Bilirubin	≤ 1129 µmol/L or ≤ 66 mg/dL
Hemoglobin	≤ 0.621 mmol/L or ≤ 1000 mg/dL
Intralipid	≤ 1900 mg/dL
Biotin	≤ 205 nmol/L or ≤ 50 ng/mL
Rheumatoid factors	≤ 1200 IU/mL

Criterion: For concentrations from 0.3-20 mIU/mL the deviation is ± 2.5 mIU/mL. For concentrations from 20-200 mIU/mL the deviation is ± 10 %.

Samples should not be taken from patients receiving therapy with high biotin doses (i.e. > 5 mg/day) until at least 8 hours following the last biotin administration.

There is no high-dose hook effect at LH concentrations up to 1150 mIU/mL.

Pharmaceutical substances

In vitro tests were performed on 16 commonly used pharmaceuticals. No interference with the assay was found.

In rare cases, interference due to extremely high titers of antibodies to analyte-specific antibodies, streptavidin or ruthenium can occur. These effects are minimized by suitable test design.

For diagnostic purposes, the results should always be assessed in conjunction with the patient's medical history, clinical examination and other findings.

Limits and ranges

Measuring range

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0.3-200 mIU/mL (defined by the Limit of Detection and the maximum of the master curve). Values below the Limit of Detection are reported as < 0.3 mIU/mL. Values above the measuring range are reported as > 200 mIU/mL.

Lower limits of measurement

Limit of Blank, Limit of Detection and Limit of Quantitation

Limit of Blank = 0.1 mIU/mL

Limit of Detection = 0.3 mIU/mL

Limit of Quantitation = 1 mIU/mL

The Limit of Blank, Limit of Detection and Limit of Quantitation were determined in accordance with the CLSI (Clinical and Laboratory Standards Institute) EP17-A2 requirements.

The Limit of Blank is the 95th percentile value from n ≥ 60 measurements of analyte-free samples over several independent series. The Limit of Blank corresponds to the concentration below which analyte-free samples are found with a probability of 95 %.

The Limit of Detection is determined based on the Limit of Blank and the standard deviation of low concentration samples. The Limit of Detection corresponds to the lowest analyte concentration which can be detected (value above the Limit of Blank with a probability of 95 %).

The Limit of Quantitation is the lowest analyte concentration that can be reproducibly measured with an intermediate precision CV of ≤ 20 %.

Dilution

Not necessary due to the broad measuring range.

Expected values

Studies with the Elecsys LH assay have revealed the following LH values:

Test subjects	N	LH mIU/mL		
		Percentile		
		50th	5th	95th
Men	322	4.0	1.7	8.6
Women				
• Follicular phase	316	5.9	2.4	12.6
• Ovulation phase	56	30.8	14.0	95.6
• Luteal phase	280	4.3	1.0	11.4
• Postmenopause	132	29.1	7.7	58.5

LH/FSH quotient: Quotients have been calculated from the results obtained with the Elecsys LH assay and the Elecsys FSH assay in the samples of healthy women of child-bearing age. The following medians have been calculated:

Follicular phase: 0.82 (n = 315)

Luteal phase: 1.12 (n = 279)

Each laboratory should investigate the transferability of the expected values to its own patient population and if necessary determine its own reference ranges.

Specific performance data

Representative performance data on the analyzers are given below. Results obtained in individual laboratories may differ.

Precision

Precision was determined using Elecsys reagents, pooled human sera and controls in a protocol (EP05-A3) of the CLSI (Clinical and Laboratory Standards Institute): 2 runs per day in duplicate each for 21 days (n = 84). The following results were obtained:

cobas e 402 and **cobas e** 801 analyzers					
		Repeatability		**Intermediate precision**	
Sample	Mean mIU/mL	SD mIU/mL	CV %	SD mIU/mL	CV %
Human serum 1	0.992	0.021	2.2	0.023	2.3
Human serum 2	11.4	0.120	1.0	0.158	1.4
Human serum 3	63.4	0.631	1.0	0.707	1.1
Human serum 4	113	1.20	1.1	1.50	1.3
Human serum 5	194	1.80	0.9	2.30	1.2
PC[b)] Universal 1	10.7	0.120	1.1	0.177	1.6
PC Universal 2	51.4	0.655	1.3	1.08	2.1

b) PC = PreciControl

Method comparison

a) A comparison of the Elecsys LH assay, REF 07027575190 (**cobas e** 801 analyzer; y) with the Elecsys LH assay, REF 11732234122 (**cobas e** 601 analyzer; x) gave the following correlations (mIU/mL):

Number of samples measured: 146

Passing/Bablok[5]	Linear regression
y = 1.06x - 0.089	y = 1.04x + 0.228
τ = 0.992	r = 1.00

The sample concentrations were between 0.617 and 190 mIU/mL.

b) A comparison of the Elecsys LH assay, REF 07027575190 (**cobas e** 402 analyzer; y) with the Elecsys LH assay, REF 07027575190 (**cobas e** 801 analyzer; x) gave the following correlations (mIU/mL):

Number of serum samples measured:151

Passing/Bablok[5]	Linear regression
y = 0.958x + 0.045	y = 0.953x + 0.154
τ = 0.992	r = 1.00

The sample concentrations were between 0.448 and 194 mIU/mL.

Analytical specificity

For the monoclonal antibodies used, the following cross-reactivities were found:

Substance	**Additive concentration mIU/mL**	**Cross-reactivity %**
FSH	5000	0.005
TSH	5000	n. d.[c)]
hCG	5000	0.003
hGH	2000	n. d.
hPL	5000	n. d.

c) n. d. = not detectable

References

1 Holmes DT, Bertholf RL, Winter WE. Pituitary Function and Pathophysiology. In: Rifai N, Chiu RWK, Young I, Burnham CAD, Wittwer CT, editors. Tietz Textbook of Laboratory Medicine, Saunders Elsevier, Philadelphia, 7th edition, 2023, chapter 55, p. 767-804.e10.

2 Nerenz RD, Boh B. Reproductive endocrinology and related disorders. In: Rifai N, Chiu RWK, Young I, Burnham CAD, Wittwer CT, editors. Tietz Textbook of Laboratory Medicine, Saunders Elsevier, Philadelphia, 7th edition, 2023, chapter 58, p. 846-884.e11

3 Cole TJ. Hormones. In: Rifai N, Chiu RWK, Young I, Burnham CAD, Wittwer CT, editors. Tietz Textbook of Laboratory Medicine, Saunders Elsevier, Philadelphia, 7th edition, 2023, chapter 38, p. 416-16.e14 .

4 Oduwole OO, Huhtaniemi IT, Misrahi M. The Roles of Luteinizing Hormone, Follicle-Stimulating Hormone and Testosterone in Spermatogenesis and Folliculogenesis Revisited. Int J Mol Sci. 2021;22(23):12735.

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5 Bablok W, Passing H, Bender R, et al. A general regression procedure for method transformation. Application of linear regression procedures for method comparison studies in clinical chemistry, Part III. J Clin Chem Clin Biochem 1988 Nov;26(11):783-790.

For further information, please refer to the appropriate user guide or operator's manual for the analyzer concerned, the respective application sheets and the Method Sheets of all necessary components (if available in your country).

A point (period/stop) is always used in this Method Sheet as the decimal separator to mark the border between the integral and the fractional parts of a decimal numeral. Separators for thousands are not used.

Any serious incident that has occurred in relation to the device shall be reported to the manufacturer and the competent authority of the Member State in which the user and/or the patient is established.

Symbols

Roche Diagnostics uses the following symbols and signs in addition to those listed in the ISO 15223-1 standard (for USA: see navifyportal.roche.com for definition of symbols used):

CONTENT	Contents of kit
SYSTEM	Analyzers/Instruments on which reagents can be used
REAGENT	Reagent
CALIBRATOR	Calibrator
→	Volume for reconstitution
GTIN	Global Trade Item Number
Rx only	For USA: Caution: Federal law restricts this device to sale by or on the order of a physician.

CE 0123

Roche Diagnostics GmbH, Sandhofer Strasse 116, D-68305 Mannheim
www.roche.com
+800 5505 6606

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