

# Elecsys Vitamin D total III

REF		$\Sigma$	SYSTEM
09038078190	09038078500	100	<b>cobas e 411</b> <b>cobas e 601</b> <b>cobas e 602</b>

## English

### System information

For **cobas e 411** analyzer: test number 2200

For **cobas e 601** and **cobas e 602** analyzers: Application Code Number 800

### Intended use

Binding assay for the in vitro quantitative determination of total 25-hydroxyvitamin D in human serum and plasma. This assay is to be used as an aid in the assessment of vitamin D sufficiency.

The electrochemiluminescence binding assay is intended for use on **cobas e** immunoassay analyzers.

### Summary

Vitamin D is a fat-soluble steroid hormone precursor that is mainly produced in the skin by exposure to sunlight. Vitamin D is biologically inert and must undergo two successive hydroxylations in the liver and kidney to become the biologically active 1,25-dihydroxyvitamin D.<sup>1</sup>

The two most important forms of vitamin D are vitamin D<sub>3</sub> (cholecalciferol) and vitamin D<sub>2</sub> (ergocalciferol). In contrast to vitamin D<sub>3</sub>, the human body cannot produce vitamin D<sub>2</sub> which is taken up with fortified food or given by supplements. In blood vitamin D<sub>3</sub> and D<sub>2</sub> are bound to the vitamin D binding protein (VDBP) and transported to the liver where both are hydroxylated to form 25-hydroxyvitamin D. It is commonly agreed that 25-hydroxyvitamin D is the metabolite to determine the overall vitamin D status as it is the major storage form of vitamin D in the human body. This primary circulating form of vitamin D is biologically inactive with levels approximately 1000-fold greater than the circulating 1,25-dihydroxyvitamin D. The half-life of circulating 25-hydroxyvitamin D is 2-3 weeks.

Most of the 25-hydroxyvitamin D, measurable in blood circulation, is 25-hydroxyvitamin D<sub>3</sub> whereas 25-hydroxyvitamin D<sub>2</sub> reaches measurable levels only in patients taking vitamin D<sub>2</sub> supplements.<sup>2,3,4</sup> Vitamin D<sub>2</sub> is considered to be less effective.<sup>5</sup>

The most abundant product of 25-hydroxyvitamin D catabolism by 24-hydroxylase (CYP24A1) is 24,25-dihydroxyvitamin D.<sup>6</sup> It accounts for 2-20 % of the total circulating 25-hydroxyvitamin D, has a half-life of approximately 7 days and is present in blood circulation at concentrations of up to approximately 10 nmol/L.<sup>6,7,8</sup>

Vitamin D is essential for bone health. In children, severe deficiency leads to bone-malformation, known as rickets. Milder degrees of insufficiency are believed to cause reduced efficiency in the utilization of dietary calcium.<sup>9</sup> Vitamin D deficiency causes muscle weakness; in elderly, the risk of falling has been attributed to the effect of vitamin D on muscle function.<sup>10</sup> Vitamin D deficiency is a common cause of secondary hyperparathyroidism.<sup>11,12</sup> Elevations of parathyroid hormone levels, especially in elderly vitamin D deficient adults can result in osteomalacia, increased bone turnover, reduced bone mass and risk of bone fractures.<sup>13</sup> Low 25-hydroxyvitamin D concentrations are also associated with lower bone mineral density.<sup>14</sup> In conjunction with other clinical data, the results may be used as an aid in the assessment of bone metabolism.

So far, vitamin D has been shown to affect expression of over 200 different genes. Insufficiency has been linked to diabetes, different forms of cancer, cardiovascular disease, autoimmune diseases, respiratory diseases and innate immunity.<sup>2</sup>

The Elecsys Vitamin D total III assay employs a vitamin D binding protein labeled with a ruthenium complex<sup>a)</sup> as capture protein to bind 25-hydroxyvitamin D<sub>3</sub> and 25-hydroxyvitamin D<sub>2</sub>. Cross-reactivity to 24,25-dihydroxyvitamin D is blocked by a specific monoclonal antibody.

a) Tris(2,2'-bipyridyl)ruthenium(II)-complex (Ru(bpy)<sub>3</sub><sup>2+</sup>)

### Test principle

Competition principle. Total duration of assay: 27 minutes.

- 1st incubation: By incubating the sample (15 µL) with pretreatment reagent 1 and 2, bound 25-hydroxyvitamin D is released from the VDBP.

- 2nd incubation: By incubating the pretreated sample with the ruthenium labeled vitamin D binding protein, a complex between the 25-hydroxyvitamin D and the ruthenylated VDBP is formed. A specific unlabeled antibody binds to 24,25-dihydroxyvitamin D present in the sample and inhibits cross-reactivity to this vitamin D metabolite.
- 3rd incubation: After addition of streptavidin-coated microparticles and 25-hydroxyvitamin D labeled with biotin, unbound ruthenylated labeled vitamin D binding proteins become occupied. A complex consisting of the ruthenylated vitamin D binding protein and the biotinylated 25-hydroxyvitamin D is formed and becomes bound to the solid phase via interaction of biotin and streptavidin.
- The reaction mixture is aspirated into the measuring cell where the microparticles are magnetically captured onto the surface of the electrode. Unbound substances are then removed with ProCell/ProCell M. Application of a voltage to the electrode then induces chemiluminescent emission which is measured by a photomultiplier.
- Results are determined via a calibration curve which is instrument-specifically generated by 2-point calibration and a master curve provided via the reagent barcode or e-barcode.

### Reagents - working solutions

The reagent rackpack (M, R1, R2) and the pretreatment reagents (PT1, PT2) are labeled as VITDT 3.

PT1 Pretreatment reagent 1 (white cap), 1 bottle, 4 mL:  
Dithiothreitol 1 g/L, pH 5.5.

PT2 Pretreatment reagent 2 (gray cap), 1 bottle, 4 mL:  
Sodium hydroxide 57.5 g/L.

M Streptavidin-coated microparticles (transparent cap), 1 bottle, 6.5 mL:  
Streptavidin-coated microparticles 0.72 mg/mL; preservative.

R1 Vitamin D binding protein-Ru(bpy)<sub>3</sub><sup>2+</sup> (gray cap), 1 bottle, 9 mL:  
Ruthenium labeled vitamin D binding protein 150 µg/L; bis-tris propane buffer 200 mmol/L; albumin (human) 25 g/L; pH 7.5; preservative.

R2 25-hydroxyvitamin D-biotin (black cap), 1 bottle, 8.5 mL:  
Biotinylated 25-hydroxyvitamin D 20 µg/L; bis-tris propane buffer 200 mmol/L; pH 8.6; preservative.

### Precautions and warnings

For in vitro diagnostic use for health care professionals. Exercise the normal precautions required for handling all laboratory reagents.

Infectious or microbial waste:

Warning: handle waste as potentially biohazardous material. Dispose of waste according to accepted laboratory instructions and procedures.

Environmental hazards:

Apply all relevant local disposal regulations to determine the safe disposal.

Safety data sheet available for professional user on request.

This kit contains components classified as follows in accordance with the Regulation (EC) No. 1272/2008:



Danger

H290



May be corrosive to metals.

H314

Causes severe skin burns and eye damage.

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H317 May cause an allergic skin reaction.

## Prevention:

P261 Avoid breathing dust/fume/gas/mist/vapours/spray.

P280 Wear protective gloves/ protective clothing/ eye protection/ face protection/ hearing protection.

## Response:

P301 + P330 IF SWALLOWED: Rinse mouth. Do NOT induce vomiting.  
+ P331

P303 + P361 IF ON SKIN (or hair): Take off immediately all contaminated  
+ P353 clothing. Rinse skin with water.

P304 + P340 IF INHALED: Remove person to fresh air and keep  
+ P310 comfortable for breathing.  
Immediately call a POISON CENTER/ doctor.

P305 + P351 IF IN EYES: Rinse cautiously with water for several  
+ P338 minutes. Remove contact lenses, if present and easy to do.  
+ P310 Continue rinsing. Immediately call a POISON CENTER/  
doctor.

Product safety labeling follows EU GHS guidance.

Contact phone: all countries: +49-621-7590

All human material should be considered potentially infectious. All products derived from human blood are prepared exclusively from the blood of donors tested individually and shown to be free from HBsAg and antibodies to HCV and HIV. The testing methods use assays that have been approved by the FDA or that are in compliance with the legal rules applicable to placing in vitro diagnostic medical devices for human use on the market in the European Union.

However, as no testing method can rule out the potential risk of infection with absolute certainty, the material should be handled with the same level of care as a patient specimen. In the event of exposure, the directives of the responsible health authorities should be followed.<sup>15,16</sup>

Avoid foam formation in all reagents and sample types (specimens, calibrators and controls).

## Reagent handling

The reagents in the kit have been assembled into a ready-for-use unit that cannot be separated.

All information required for correct operation is read in from the respective reagent barcodes.

## Storage and stability

Store at 2-8 °C.

Do not freeze.

Store the Elecsys reagent kit **upright** in order to ensure complete availability of the microparticles during automatic mixing prior to use.

Stability:	
unopened at 2-8 °C	up to the stated expiration date
after opening at 2-8 °C	56 days (8 weeks)
on the analyzers	28 days (4 weeks)

## Specimen collection and preparation

Only the specimens listed below were tested and found acceptable.

Serum collected using standard sampling tubes or tubes containing separating gel.

Li-heparin, K<sub>2</sub>- and K<sub>3</sub>-EDTA plasma.

Plasma tubes containing separating gel can be used.

Criterion: Slope 0.9-1.1 + coefficient of correlation  $\geq 0.95$  and within a bias  $\leq \pm 15\%$  at the medical decision point (30 ng/mL).

Stable for 8 hours at 20-25 °C, 4 days at 2-8 °C, 24 weeks at -20 °C ( $\pm 5$  °C).

Freeze only once.

The sample types listed were tested with a selection of sample collection tubes that were commercially available at the time of testing, i.e. not all available tubes of all manufacturers were tested. Sample collection systems from various manufacturers may contain differing materials which could affect the test results in some cases. When processing samples in primary tubes (sample collection systems), follow the instructions of the tube manufacturer.

Adapt preanalytics protocol if required.

Centrifuge samples containing precipitates before performing the assay.

Do not use heat-inactivated samples.

Do not use samples and controls stabilized with azide.

Ensure the samples, calibrators and controls are at 20-25 °C prior to measurement.

Due to possible evaporation effects, samples, calibrators and controls on the analyzers should be analyzed/measured within 2 hours.

## Materials provided

See "Reagents – working solutions" section for reagents.

## Materials required (but not provided)

- [REF] 09038116190, CalSet Vitamin D total III, for 4 x 1.0 mL
- [REF] 09038124190, PreciControl Vitamin D total III, for 6 x 1.0 mL
- [REF] 11732277122, Diluent Universal, 2 x 16 mL sample diluent or [REF] 03183971122, Diluent Universal, 2 x 36 mL sample diluent
- General laboratory equipment
- **cobas e** analyzer

Additional materials for the **cobas e 411** analyzer:

- [REF] 11662988122, ProCell, 6 x 380 mL system buffer
- [REF] 11662970122, CleanCell, 6 x 380 mL measuring cell cleaning solution
- [REF] 11930346122, Elecsys SysWash, 1 x 500 mL washwater additive
- [REF] 11933159001, Adapter for SysClean
- [REF] 11706802001, AssayCup, 60 x 60 reaction cups
- [REF] 11706799001, AssayTip, 30 x 120 pipette tips
- [REF] 11800507001, Clean-Liner

Additional materials for **cobas e 601** and **cobas e 602** analyzers:

- [REF] 04880340190, ProCell M, 2 x 2 L system buffer
- [REF] 04880293190, CleanCell M, 2 x 2 L measuring cell cleaning solution
- [REF] 03023141001, PC/CC-Cups, 12 cups to prewarm ProCell M and CleanCell M before use
- [REF] 03005712190, ProbeWash M, 12 x 70 mL cleaning solution for run finalization and rinsing during reagent change
- [REF] 03004899190, PreClean M, 5 x 600 mL detection cleaning solution
- [REF] 12102137001, AssayTip/AssayCup, 48 magazines x 84 reaction cups or pipette tips, waste bags
- [REF] 03023150001, WasteLiner, waste bags
- [REF] 03027651001, SysClean Adapter M

Additional materials for all analyzers:

- [REF] 11298500316, ISE Cleaning Solution/Elecsys SysClean, 5 x 100 mL system cleaning solution

## Assay

For optimum performance of the assay follow the directions given in this document for the analyzer concerned. Refer to the appropriate operator's manual for analyzer-specific assay instructions.

Resuspension of the microparticles takes place automatically prior to use. Read in the test-specific parameters via the reagent barcode. If in exceptional cases the barcode cannot be read, enter the 15-digit sequence of numbers.

**cobas e 601** and **cobas e 602** analyzers: PreClean M solution is necessary.



# Elecsys Vitamin D total III

Currently there is no standard definition of the optimal vitamin D status. Most experts agree that vitamin D deficiency should be defined as 25-hydroxyvitamin D of  $\leq 20$  ng/mL ( $\leq 50$  nmol/L).<sup>22</sup> Vitamin D insufficiency is recognized as 21-29 ng/mL.<sup>22</sup> Similarly, the US National Kidney Foundation considers levels  $< 30$  ng/mL to be insufficient or deficient.<sup>24</sup> The preferred level for 25-hydroxyvitamin D by many experts is now recommended to be  $\geq 30$  ng/mL ( $\geq 75$  nmol/L).<sup>22,23,25,26</sup> Other clinical references may show different values.

A reference range study was conducted with samples from apparently healthy donors from the United States. Samples were collected from southern, middle and northern sites in summer and winter. There were approximately equal numbers of males and females, and approximately 30 % of the donors had dark complexion. The age range was 22 to 79 years.

The values given are for information only and may vary from other published data.

	Season					
	All (n = 463)		Summer (n = 245)		Winter (n = 218)	
Unit	ng/mL	nmol/L	ng/mL	nmol/L	ng/mL	nmol/L
Mean	26.6	66.5	29.2	73.1	23.6	59.1
Median	25.7	64.1	27.7	69.2	22.8	57.1
2.5 <sup>th</sup> percentile	10.2	25.4	12.5	31.3	9.38	23.5
97.5 <sup>th</sup> percentile	49.4	123	52.4	131	44.1	110

## Specific performance data

Representative performance data on the analyzers are given below. Results obtained in individual laboratories may differ.

## Precision

Precision was determined using Elecsys reagents, samples and controls in a protocol (EP05-A3) of the CLSI (Clinical and Laboratory Standards Institute): 2 runs per day in duplicate each for 21 days (n = 84). The following results were obtained:

cobas e 411 analyzer						
Sample	Mean		Repeatability			
			SD		CV	
	ng/mL	nmol/L	ng/mL	nmol/L	%	
HS <sup>b)</sup> 1	14.7	36.8	1.10	2.75	7.5	
HS 2	22.2	55.5	1.19	2.98	5.4	
HS 3	35.8	89.5	1.73	4.33	4.8	
HS 4	59.3	148	2.28	5.70	3.8	
HS 5	109	273	2.59	6.48	2.4	
PC <sup>c)</sup> Vitamin D total III 1	23.7	59.3	1.29	3.23	5.4	
PC Vitamin D total III 2	42.9	107	1.68	4.20	3.9	

b) HS = human serum

c) PC = PreciControl

cobas e 411 analyzer						
Sample	Mean		Intermediate precision			
			SD		CV	
	ng/mL	nmol/L	ng/mL	nmol/L	%	
HS 1	14.7	36.8	1.25	3.13	8.5	
HS 2	22.2	55.5	1.31	3.28	5.9	
HS 3	35.8	89.5	1.88	4.70	5.2	
HS 4	59.3	148	2.28	5.70	3.8	
HS 5	109	273	2.77	6.93	2.5	
PC Vitamin D total III 1	23.7	59.3	1.34	3.35	5.7	
PC Vitamin D total III 2	42.9	107	1.99	4.98	4.6	

cobas e 601 and cobas e 602 analyzers					
Sample	Mean		Repeatability		
			SD		CV
	ng/mL	nmol/L	ng/mL	nmol/L	%
HS 1	12.3	30.8	0.905	2.26	7.4
HS 2	28.7	71.8	1.28	3.20	4.4
HS 3	33.0	82.5	1.39	3.48	4.2
HS 4	61.0	153	1.39	3.48	2.3
HS 5	112	280	3.37	8.43	3.0
PC Vitamin D total III 1	23.0	57.5	1.27	3.18	5.5
PC Vitamin D total III 2	41.9	105	1.52	3.80	3.6

cobas e 601 and cobas e 602 analyzers					
Sample	Mean		Intermediate precision		
			SD		CV
	ng/mL	nmol/L	ng/mL	nmol/L	%
HS 1	12.3	30.8	1.20	3.00	9.8
HS 2	28.7	71.8	1.74	4.35	6.0
HS 3	33.0	82.5	1.85	4.63	5.6
HS 4	61.0	153	2.23	5.58	3.7
HS 5	112	280	3.65	9.13	3.3
PC Vitamin D total III 1	23.0	57.5	1.49	3.73	6.5
PC Vitamin D total III 2	41.9	105	1.87	4.68	4.5

## Method comparison

A comparison of the Elecsys Vitamin D total III assay (y) using the CDC Verification Samples with concentrations assigned by the CDC Vitamin D Reference Laboratory by ID-LC-MS/MS (x) gave the following correlations (ng/mL):

Number of samples measured: 157

Deming<sup>27,28</sup>

$$y = 0.981x + 0.795$$

$$r = 0.982$$

Passing Bablok<sup>29</sup>

$$y = 0.979x + 0.675$$

$$\tau = 0.908$$

The sample concentrations were between 5.64 ng/mL (14.1 nmol/L) and 118 ng/mL (295 nmol/L).

## Analytical specificity

A study was performed based on guidance from CLSI EP07-A2 to evaluate the cross-reactivity of the assay with other vitamin D metabolites. Samples containing the cross-reactants were prepared at three 25-hydroxyvitamin D concentrations (approximately 25, 40 and 60 ng/mL). The % cross-reactivity was calculated for each sample using the equation below and normalized to the cross-reactivity of 25-hydroxyvitamin D<sub>3</sub>.<sup>30</sup>

$$\% \text{ cross-reactivity} = \frac{(\text{mean conc. of spiked sample} - \text{mean conc. of unspiked sample})}{\text{spiked concentration}} \times 100 \%$$

The mean results from this study are summarized in the following table:

Cross-reactant	Concentration added ng/mL	Mean cross-reactivity %
25-hydroxyvitamin D <sub>3</sub>	50	100
25-hydroxyvitamin D <sub>2</sub>	50	105.0
24,25-dihydroxyvitamin D <sub>3</sub>	100	8.1
3-epi-25-hydroxyvitamin D <sub>3</sub>	50	122.4
3-epi-25-hydroxyvitamin D <sub>2</sub>	50	103.6

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Cross-reactant	Concentration added ng/mL	Mean cross-reactivity %
1,25-dihydroxyvitamin D <sub>3</sub>	100	n. d. <sup>d)</sup>
1,25-dihydroxyvitamin D <sub>2</sub>	100	0.4
Vitamin D <sub>3</sub>	1000	0.8
Vitamin D <sub>2</sub>	1000	0.7

d) n. d. = not detectable

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For further information, please refer to the appropriate operator's manual for the analyzer concerned, the respective application sheets and the Method Sheets of all necessary components (if available in your country).

A point (period/stop) is always used in this Method Sheet as the decimal separator to mark the border between the integral and the fractional parts of a decimal numeral. Separators for thousands are not used.

Any serious incident that has occurred in relation to the device shall be reported to the manufacturer and the competent authority of the Member State in which the user and/or the patient is established.

## Symbols

Roche Diagnostics uses the following symbols and signs in addition to those listed in the ISO 15223-1 standard (for USA: see [dialog.roche.com](http://dialog.roche.com) for definition of symbols used):

	Contents of kit
	Analyzers/Instruments on which reagents can be used
	Reagent
	Calibrator
	Volume for reconstitution
	Global Trade Item Number

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